



Eligibility, Payment Options and Enrollment

Program eligibility, payment options and enrollment protocols vary by program model and depend on the individual’s age, health, financial situation and insurance coverage. DayBreak staff can provide an overview of these variables, including the latest requirements for Medi-Cal coverage. The individual centers can detail their specific guidelines, requirements and costs. See *Program Models and Services* on the DayBreak website for a description of each model.

	Adult Day Programs – (ADP)	Adult Day Health Care (ADHC)	Community Based Adult Services (CBAS)	Program of All Inclusive Care for the Elderly (PACE)
Eligibility	<ul style="list-style-type: none"> • 18 years or older • Eligibility based on whether the family and ADP determine the individual can be successfully cared for within the program. 	<ul style="list-style-type: none"> • 18 years or older • Eligibility based on whether the family and ADHC determine the individual can be successfully cared for within the program. 	<ul style="list-style-type: none"> • 18 years or older • Enrolled in Medi-Cal AND Medi-Cal managed care. • Has one or more medical, cognitive, or mental health conditions that require regular monitoring, without which health will likely deteriorate and require hospitalization or institutional care. • Has significant memory loss, cognitive impairment OR needs supervision with activities such as bathing, dressing, and medications. 	<ul style="list-style-type: none"> • 55 years or older • Resides in the center’s service area • Is able to live in the community safely • Certified by the State of California to need a level of care equal to nursing home services.
Payment Options	ADPs accept private payment and long-term care insurance. Some have contracts with the Veterans’ Administration and/or the Regional Center of the East Bay (RCEB).	ADHCs accept private payment and long-term care insurance. Some have contracts with the Veterans’ Administration and/or the Regional Center of the East Bay (RCEB).	No cost for adults with Medi-Cal who meet the program’s eligibility criteria and are enrolled in a Medi-Cal managed care plan.	No cost for seniors who have Medicare and Medi-Cal, and are recipients of Supplemental Security Income Program (SSI). Others may have a flat monthly fee with the amount based on factors such as personal income and assets.

Enrollment Process: Contact the centers directly. Center staff will help families assess if the program is a good fit for their situation, whether the individual meets the eligibility criteria, 3rd party payment options, and any out-of-pocket costs. Staff will guide families through the enrollment process, which includes a tour, assessment by the center’s staff or multi-disciplinary team, communications with the individual’s primary care physician, and any approvals required by the state or Medi-Cal managed care. ADHC, CBAS, and PACE models also include a home visit as part of the enrollment process.